



Hummus with Raw Veggies

15 oz. can of Garbanzo Beans

1 Small Potato

1/2 cup Water

1/4 cup Tahini

3 cloves of Garlic

1/4 cup of Lemon Juice

Pink Salt

Black Pepper

Bring to a boil Garbanzo Beans, Potato, and water until Potato is soft. Place in Food Processor with Tahini, Garlic, Lemon Juice, Pink Salt, and Black Pepper.

• Veggies to dip with : Carrot, Celery, Zucchini, Cauliflower,

Broccoli, Tomato Wedges, Cucumber Slices, Endive Leaves